

arts + more



# FLUENCY THROUGH DANCE

OHIODANCE FESTIVAL 2023

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# WELCOME TO THE PRESENTATION

**N**ancers are awesome thinkers! They are admired both for their beauty and their functionality. That's because dancing helps develop executive function which accelerates planning and achieving goals. Dance skills are synonymous with literacy fundamentals. This integrative workshop reveals how to bring kinesthetic activity to the academic classroom with fluid and fun integration methods.





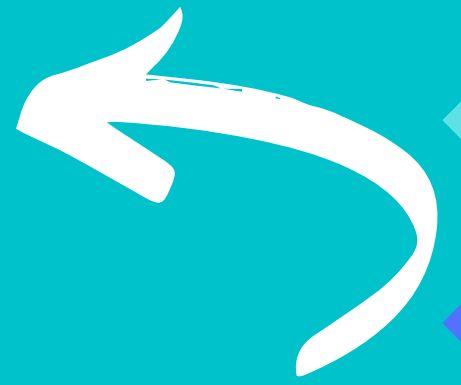


# AGENDA

- Discover the synonymous elements of dance, literacy, and executive function.
- Establish a vocabulary for discussing energy.
- Share between five and 20 simple ideas for launching weekly “Movement Moments” in the classroom.
- Reveal the essential dance movements for student fascination. Each session includes a presentation that includes short film clips of real classroom examples.



**DANCE  
FLUENCY**



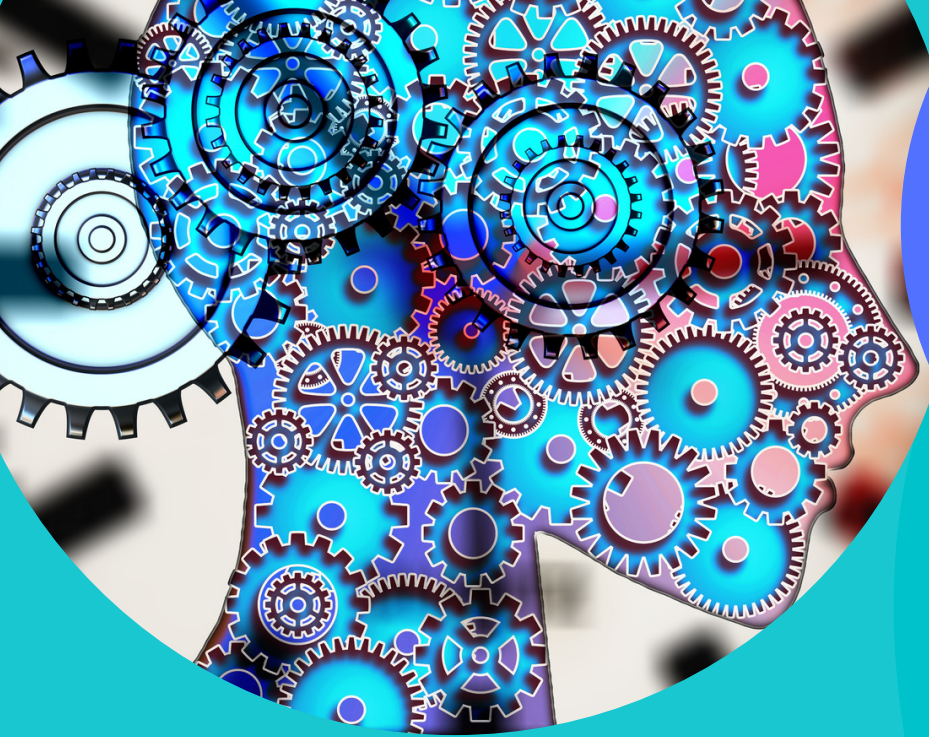
# CONNECTIONS

Kinesthetic activity promotes **FLUENCY +  
EXECUTIVE FUNCTION**

**EXECUTIVE  
FUNCTION**







# WHAT IS EXECUTIVE FUNCTION

## IMPULSE CONTROL

Thinking before  
acting.

## FLEXIBLE THINKING

Adjust to the  
unexpected.

## SELF MONITORING

Identify and  
evaluate how they  
are doing.

## TASK INITIATION

Take action and get  
started.

## EMOTIONAL CONTROL

Identifying and  
keeping emotions in  
check.

## WORKING MEMORY

Keep key  
information in mind.

## PLANNING + PRIORITIZING

Decide on a goal  
and plan to meet it.

## ORGANIZATION

Keep track of things  
mentally +  
physically.



# FLUENCY



ACCURACY



RATE



PROSODY



COMPREHENSION







# WHAT CONNECTIONS DO YOU SEE?

How does dance education help  
students experience  
communication more accurately,  
quickly, and expressively?





# MOVEMENT MOMENTS

## THE ESSENTIALS

REAGAN ELEMENTARY







# LESSONS

[kscjarvis@gmail.com](mailto:kscjarvis@gmail.com)

330.309.7030

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**THANK YOU**

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